



Dress Code and Uniform Information

Personal Grooming

It is expected that students will come to school with a clean, neat appearance. Only natural makeup is allowed. Uniforms must be neat and tidy, in good repair, and worn correctly.

Hair & Hats

Students at the Academy are expected to have clean, well-groomed hair at all times. Students are not allowed to wear hats inside the school building.

Jewellery

Studs and earrings are restricted to the ears. Jewellery may not be worn during P.E. classes or sporting events. This is a health and safety issue.

Temporary “Tattoos”

These should not be visible because of their distracting nature.

Uniforms

Our students are all required to wear a school uniform at all times unless they are having a “dress down day”. The benefits of wearing a uniform contribute to the overall appearance of the school. All uniforms must be neat, tidy and worn properly.

Uniform Supplier R J McCarthy, 125 Nebo Road, Hamilton L8W 2E1 www.rjmccarthy.com

Basic Uniform

The following items must be purchased from R J McCarthy or purchased from the school “closet”:

Pants: navy or grey – may wear solid-coloured black belt

Shorts: Navy walking shorts

Shirts: White, Blue, or Grey Golf Shirt

Optional: CBA hooded and zip up sweatshirts and athletic jackets; however, no other sweaters or sweatshirts may be worn with the uniform.

Girls – Jumpers and Skorts: navy – measured to the knee

- Kilts: Grades 4 and up - measured to the knee

The following items do not have to be purchased from R J McCarthy:

White Dress Shirt/Blouse: optional but strongly recommended for concerts and picture days

- must be fully buttoned and have a collar
- Oxford style, may not be jersey or knit material
- long or short sleeved, not sleeveless
- no visible logos, labels, colours, or designs
- a flat, unlabelled pocket is permissible

Shoes: dark blue (navy/“uniform blue”) or black with same colour laces; indoor shoes should be as solidly coloured as possible (no lights, sparkles, or patterns), minimal accent

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- *Velcro shoes preferred for J.K./S.K/gr1 students or those who cannot tie laces*
- classroom shoes may not go outside or home during the school year
- indoor shoes may be worn for PE class provided they are non-marking athletic shoes
- Sandals are not permitted because of safety issues

Socks: solidly coloured: navy, black, grey or white only

- girls may wear solid colour, solid material tights: navy, black, grey or white only (or navy, black, grey, or white leggings with same coloured socks)

Gym Uniform – All students are required to wear running shoes (non-marking soles) for PE class. Gym shoes should only be used indoors unless otherwise instructed by a teacher. Only students in grades 6,7, and 8 are required to wear the grey Academy t-shirt and blue Academy shorts for PE class, intramurals, and CAASO practices and events. Both the grey gym shirt and navy athletic shorts are available from R J McCarthy. CBA crested athletic pants and jackets may also be worn. Younger students are not required to wear the special PE uniform for PE class, however, they must wear proper running shoes.

Uniform Reminders

1. Torn clothing must be repaired. Neat, preferably invisible patches are allowed on pants.
2. Clothing should be properly fitted and worn (e.g. skort/jumper/kilt length).
3. Golf shirts may remain untucked if they are fitted properly and are worn tidily.
4. If you wish to wear a t-shirt under your shirt, it must be plain white, navy blue, or grey.
5. In most cases, students will be required to wear their school or P.E. uniforms on field trips.
Some field trips warrant proper casual attire. Teachers will outline the dress code for trips.
6. The school reserves the right to ask any student to modify his/her dress and/or appearance.
Non-compliance may result in the student being sent home from school.
7. Students are expected to leave school wearing their uniform (except dress down days).

Recess Clothing - Students may be outside for 1.5 hours every day. Appropriate outdoor wear is required. Students will be expected to be outside – rain or shine - for dismissal.

Spirit Days - There will usually be one spirit day per month. Spirit days are not simply casual/dress-down days but an opportunity to show school spirit. Some days will have special themes.

At activities where the students do not have to dress in their uniforms, **appropriate and modest age-level clothing is required.** This means that revealing tops or bottoms, spaghetti straps and tank tops or muscle shirts are not appropriate. The clothes must be in good repair and shirts should not display inappropriate advertisements, designs, or suggestive messages. If it would offend someone, it is inappropriate. Posted guidelines will give specific details for the day.

Personal Property – It is important that students properly label or identify those articles used at school that are their personal property, including uniform pieces.

Lost and Found - The lost and found trolley is located outside of the main office. Students and parents should check it periodically.

Uniform Closet – Current CBA families have the option of reselling or donating uniforms that their children have outgrown in the uniform closet. When families graduate or leave the school for any reason, they may donate their uniforms to the uniform closet.